

How to Avoid Backsliding

Written by

Monday, 26 April 2010 12:04 - Last Updated Monday, 26 April 2010 14:35

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By [Mary Fairchild](#) , About.com Guide

The Christian life is not always an easy road.

If you have found yourself [backsliding](#), or drifting away from the Lord, these practical steps will help get you back on course today.

Visist <http://christianity.about.com/od/practicaltools/ht/avoidbackslide.htm> for more information.