

## How to Avoid Backsliding

Written by

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### How to Avoid Backsliding

By [Mary Fairchild](#) , About.com Guide

The Christian life is not always an easy road.

If you have found yourself [backsliding](#), or drifting away from the Lord, these practical steps will help get you back on course today.

Visist <http://christianity.about.com/od/practicaltools/ht/avoidbackslide.htm> for more information.