

THE GLASS IS EMPTY

Written by Sean

Friday, 26 February 2010 05:57 - Last Updated Thursday, 20 May 2010 20:00

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Devotional done by Sean from standforyourmarriage.org



There is an old adage that tells that one should look at a cup as being half fill and not half empty?

I would like to shift this thought to suggest one throws the remaining contents of the cup out, clean it and look at it were it empty.

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[Matthew 23:26](#)

Blind Pharisee! First clean the inside of the **cup** and dish, and then the outside also will be clean.

[Psalm 16:5](#)

LORD, you have assigned me my portion and my **cup**; you have made my lot secure.

We are that vessel and whatever remains in the cup can either promote us or destroy us, depending on an individuals way of perceiving.

[Habakkuk 2:16](#)

You will be filled with shame instead of glory. Now it is your turn! Drink and be exposed ! The **cup** from the LORD's right hand is coming around to you, and disgrace will cover your glory.

The contents of the cup can be anything; the past, present, future, love, anger anything you

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choose. However sooner or later one will either refill it or it will be drunk dry, leaving a residue of sort.

And the same old pattern will continue.

[Psalm 75:8](#)

In the hand of the LORD is a **cup** full of foaming wine mixed with spices; he pours it out, and all the wicked of the earth drink it down to its very dregs.

[Isaiah 51:17](#)

[*The **Cup** of the LORD's Wrath*] Awake, awake! Rise up, O Jerusalem, you who have drunk from the hand of the LORD the **cup** of his wrath, you who have drained to its dregs the goblet that makes men stagger

If we decide that our cup is always empty, then we will always have space for new content. We are not left with the complexities of 'is it half full or empty?' , we are not stuck in past, we appreciate the present and dont leave our heads in the clouds about the future.

[Matthew 23:25](#)

"Woe to you, teachers of the law and Pharisees, you hypocrites! You clean the outside of the c

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up

and dish, but inside they are full of greed and self-indulgence.

When our vessels are emptied of the worldly standards and materials, we are able to be filled with the everlasting ever flowing supply of the Holy Spirit.

[Psalm 23:5](#)

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my **cup** overflows.

Our futures are not stained with the residual from that first cup of coffee this morning. We dont burn ourselves by over pouring the fresh brew at tea time in the present and when we have run out of our supply, we are not disappointed by the past.

[Matthew 10:42](#)

And if anyone gives even a **cup** of cold water to one of these little ones because he is my disciple, I tell you the truth, he will certainly not lose his reward."

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I know how difficult it can be to let go, to have these fears so vivid in the front of ones mind that your heart wants to leap out ones throat. The danger of holding onto the past and the what if's and if only's is; that it consumes and sooner or later will break one down. Which is exactly what the enemy wants.

I say no, rise up and take back the control of ones heart and mind. We are beautifully made and lovingly created. And something that comes out of darkness has no title to what belongs to the Light.

[Matthew 20:23](#)

Jesus said to them, "You will indeed drink from my **cup**, but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared by my Father."

[John 18:11](#)

Jesus commanded Peter, "Put your sword away! Shall I not drink the **cup** the Father has given me?"

We can do more for our selves, our prodigals and above all our Heavenly Father, our Abba when we step out of the past and back to the present.

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[1 Corinthians 10:16](#)

Is not the **cup** of thanksgiving for which we give thanks a participation in the blood of Christ?
And is not the bread that we break a participation in the body of Christ?

Please do not allow yourselves for a second to worry about the future, that action is as dangerous as living in the past, in fact it is worse as it can manifest ones future present!!

[1 Corinthians 10:21](#)

You cannot drink the **cup** of the Lord and the **cup** of demons too; you cannot have a part in both the Lord's table and the table of demons.