

Hey you! You're Not Worthless

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"Even if my father and mother abandon me, the Lord will hold me close." Psalm 27:10

I think one of the worst things that we standers feel from rejection of our spouses, is the feeling of worthlessness. How many times have you felt like you weren't worth loving because your spouse left you? I know I have struggled with this myself.

About a week ago in my prayer time with God, He revealed to me that I still see myself as worthless because my spouse rejected our marriage. He also told me this is one of the enemy's biggest lies, and that none of His people are worthless. I know you can relate to the way that I've felt in the past 3 years, because we can't seem to understand why our spouses have rejected us, or why they haven't come back yet. Here's how valuable we are to God:

"Are not two sparrows sold for a penny? And not one of them will fall to the ground apart from your Father. But even the hairs of your head are all numbered." Matthew 10:29-30

Did you catch that? Your hairs are NUMBERED, each one of the hairs on your head has a number. You better believe that God notices when one falls, or when new ones grow in. That's how important you are.. you are not worthless. God has a plan for your life, and even though it may look like your situation is dead in the natural, rest assured that God is in control, and His plan is working itself.

Be encouraged today. You are not worthless, and even though you may be feeling the rejection from your spouse, one day that rejection will turn into gratitude... Gratitude from your prodigal that you didn't give up on them.

Stand Strong, Krystal Chretien

Krystal Chretien began working under Ess-Jee Rautenbach's leadership in helping others with troubled marriage in late 2010. After facing troubles in her own marriage, her passion became helping God's people recover from rejection and point them to Jesus, the author and finisher of restored marriages.

Becoming a part of Stand For Your Marriage Ministries set the pace for Krystal to get a minister's license, and is very active in ministry in her home church.